

Going Home with a Wheelchair

Armrests

- Can often swing away or remove completely
- Press button to unlock, then pull up
- Remove before slide board transfers or low pivot transfers



Brakes

- Push forward or backward to lock and unlock (will vary by wheelchair)
- Always lock before standing up and sitting down or transferring



Leg rests

- Push on latch to swing leg rests out to the side
- Once to the side, leg rests can be removed by lifting up
- Always remove for transport
- Leg rests can be lengthened or shortened by pushing button on the shaft (see arrow)



Tip:

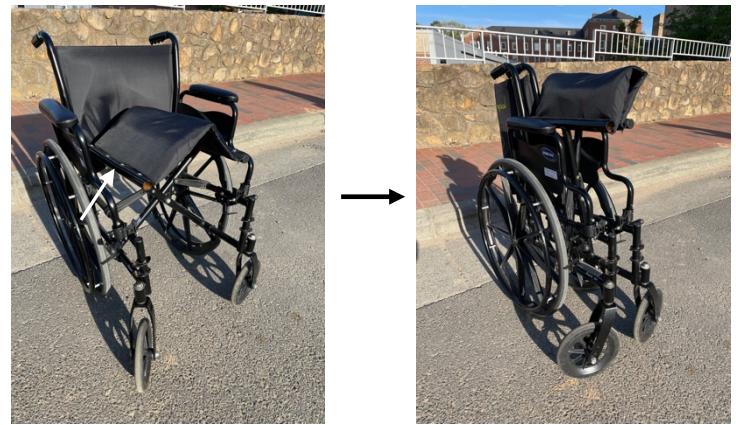
Wheelchairs are often given on a rent-to-own basis. Contact your case manager or vendor (via the phone number on back or side of wheelchair) for more information or with any questions.

Wheelchair Safety Tips:

- ALWAYS lock breaks before standing up, sitting down, transfers, or when on any unlevel surface
- Arm rests and leg rests can be moved or removed before transfers
- Always reach back for armrest before sitting down into a wheelchair
- Seat cushions can be utilized for pressure relief and comfort
 - Ensure seat cushion is properly fitted to the wheelchair
- Do not put heavy loads on the back of the wheelchair, which can cause tipping
- Anti-tip bars may come with the wheelchair, but can be removed or repositioned to allow for easier transport or bumping up stairs
- Be aware of changes in floor surface and thresholds, which may be difficult to clear in a wheelchair

How to Collapse a Wheelchair

- Remove leg rests and seat cushion
- Grasp seat of wheelchair and slowly pull upward. As you pull the wheelchair will start to collapse inward
- Continue pulling upward until the chair is in its fully collapsed position (as pictured)
- To re-assemble, push seat back down from the sides
 - Keep fingers on top of the seat so they do not get pinched as they chair is opening (see arrow)



How to Store a Wheelchair for Transport



Step 1:

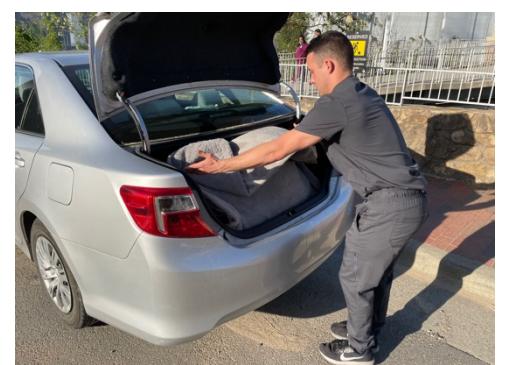
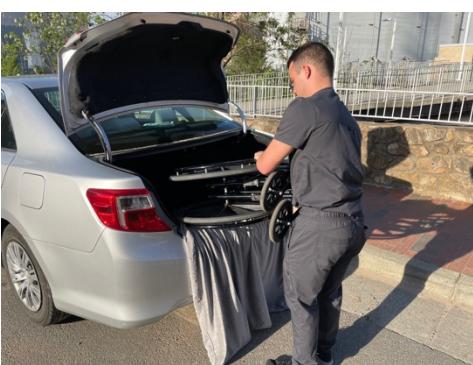
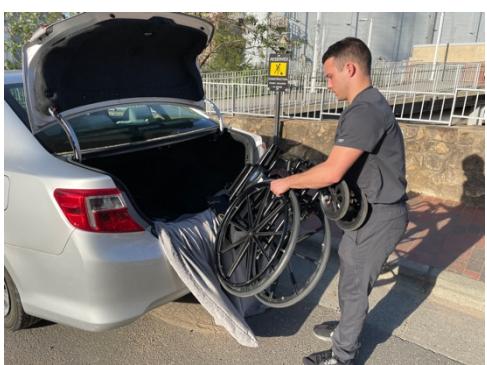
- Remove cushion and leg rests from wheelchair
- Drape blanket over the back of the car for protection
- Back wheelchair up to car

Step 2:

- Ensure breaks are on
- Bend at the knees and hips to reach down and grasp the front of the wheelchair
 - Try to keep your back flat

Step 3:

- Extend your knees and hips to lift chair
- Wheelchair push handles should be hooked on the edge of trunk



Step 4:

- With push handles still hooked on the trunk, grasp the wheels and begin rotating chair into a horizontal position

Step 5:

- Once the chair is horizontal, slide the chair over the blanket and into your trunk
- Ensure there is proper trunk space available for chair before lifting

Step 6:

- Take the end of the blanket that was draped over the car and cover the wheelchair to protect it during transport