Case Scenario:

Mr. H is a 78y.o. male presenting at WMC secondary to having had a myocardial infarction. You received PT orders to ‘evaluate and treat.’ During the chart review, you find that his past medical record includes COPD, h/o MI, hyperlipidemia, hypertension, GERD, a L TKR, and chronic low back pain. He has a BMI of 29.2 and has smoked a pack a day since he was in his twenties. He lives at home with his wife who does most of the cooking and cleaning. He uses a single point cane for AMB and there are 3 steps to enter his house with a railing on the left. He drives once a week to go play cards with friends. During the examination, you notice that he is weak, quick to fatigue, not very steady on his feet, and moves very slowly. His goal is to go back home to his wife.

Name 3 outcome measures that might be appropriate:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Identify components of Mr. H’s profile that will contribute to your interpretation of impairment severity.

What severity modifier would you choose?

1. CH
2. CI
3. CJ
4. CK
5. CL
6. CM
7. CN

ANSWER KEY Case Scenario:

Mr. H is a 78y.o. male presenting at WMC secondary to having had a myocardial infarction. You received PT orders to ‘evaluate and treat.’ During the chart review, you find that his past medical record includes COPD, h/o MI, hyperlipidemia, hypertension, GERD, a L TKR, and chronic low back pain. He has a BMI of 29.2 and has smoked a pack a day since he was in his twenties. He lives at home with his wife who does most of the cooking and cleaning. He uses a single point cane for AMB and there are 3 steps to enter his house with a railing on the left. He drives once a week to go play cards with friends. During the examination, you notice that he is weak, quick to fatigue, not very steady on his feet, and moves very slowly. His goal is to go back home to his wife.

Name 3 outcome measures that might be appropriate:

Gait assessment, 10MWT, 2MWT, Tug, Tinetti, RPE, Elderly Mobility Scale, AM-PAC

Results:

10MWT: 0.9m/s; likely D/C home falls risk, community AMB,

EMS: 10/20 40% impaired Ck

Tinetti Mobility: 15/28 = 47% impaired Ck

Identify components of Mr. H’s profile that will contribute to your interpretation of impairment severity.

Negative: Extensive pmh, cardiovascular risk factors, smoking, unsteady, weak,

Positive: Desire to return home to wife, good support, still gets out of the house

What severity modifier would you choose?

1. CH
2. CI
3. CJ
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Ck-CL based on his outcome results in combination with his risk factors.